

BAL BHARATI PUBLIC SCHOOL

GRH MARG, N DELHI-60

CLASS- IX SUBJECT- ENGLISH

ASSIGNMENT -5

READING (10 Marks)

1. Read the following paragraphs and answer the questions that follow

Rice is Nice

The Chinese proverb “Without rice, even the cleverest woman cannot cook” is true for innumerable Indians too. Eaten simply boiled, rice is the world’s most important staple and it’s also had as delectable pulao, biryani, idli, appams, puddings or kheer. And the grain is available in a myriad of varieties the world over. It’s not fattening. Contrary to some urban myths, scientists and diet experts know that rice is good for you and can’t make you heavier. It mainly comprises carbohydrates that do not add kilos if consumed in moderation. An average 100gm serving of rice has only about 0.4 gram of fat and no more than 100 calories. It’s easy to digest. Rice kanji is therefore a home remedy for diarrhea. In fact the kanji, with a few accompaniments, like coconut chutney and cooked beans, makes for a healthful meal that millions in Kerala enjoy. White or brown?

Unpolished brown rice may not be as popular as white, but is a good source of complex carbohydrates providing starch and fibre. It takes relatively more time to digest allowing the body to consume the energy released over an extended period. Brown rice is also richer in B vitamins, vitamin E and minerals like manganese and selenium, which makes it more nutritious than white varieties. However, white rice, too has calcium and essential B vitamins niacin and thiamine. It’s healthful. Since rice has no cholesterol or sodium, it is safe for those suffering from hypertension. Diabetics who prefer rice daily could choose brown. Cook it right. Wash and then soak the grains for 15 minutes before pressure cooking in just enough water that would have steamed away by the time the rice is cooked. This way you don’t drain away water-soluble nutrients.

1. The myth for rice eating \_\_\_\_\_
2. Rice cooking is \_\_\_\_\_
3. Brown rice is better because \_\_\_\_\_
4. Myriad means \_\_\_\_\_
5. Pressure cooking saves \_\_\_\_\_

**Read the passage carefully and answer the questions that follow**

1. Have we, as a generation, succumbed to negative thinking? If we have, may be this explains why more young people today are seeking solace in spirituality despite claims that the younger generation is moving away from tradition and religion. Modern concepts and changing lifestyles have ensured that spirituality for the young is not confined to mere idol worship-it is more about seeking deeper truth and attaining self knowledge.
2. Most of the people are looking for ways to get rid of the negativity that seems to engulf their lives. The spiritually inclined youngster believes in seeking her true nature. And she believes that constantly dwelling on the hidden self is the only way to experience true happiness that will sustain her despite external pulls and pressures.
3. Young people today are talking seriously about 'development of the soul' through purification of thoughts and feelings. Embracing New Age faiths for a happier state of being, they are turning towards practices like meditation, and chanting to stay calm. There is a health angle too: These alternatives are often more effective than medical prescriptions when it comes to dealing with stress and anxiety.
4. Students –regardless of whether they were associated with a religious organization- are keenly interested in learning spiritual value systems that would enable them to face life better. A Delhi university student told me, "Striving for peace in the world is a foolish pursuit unless one has a peaceful mind." For, once the mind is dealt with, it is easier to handle worldly affairs.
5. When I asked a 25-year-old London University graduate to define spirituality, his one word answer was: "Naturalness". Realising one's state of being and constantly getting back to the same thought is very essential to retain this natural state. A clear mind is a prerequisite to a healthy body. With the breathing technique of *sudarshan Kriya*, he says that he, and indeed many young people like him, have been able to focus better on their personal and professional lives.
6. The young are discovering that realizing the abundant energy within them can be a source of great joy. Living in the present moment is something that this generation is more likely to identify with, faced as it is increasingly with the impermanence of life. Training in basic and meditation has brought about a drastic change for the better among many.

**Choose the most appropriate option out of the following**

- (i) The young take refuge in spirituality because they

- (a) believe in God and idol worship.
- (b) believe in tradition and religion.
- (c) desire to go deeper into the real truth and attain self-realisation
- (d) are fed up with the age of skepticism.

(ii) What is the secret of attaining true happiness? Is it by  
(a) accumulating more and more wealth (b) world success and high status (c) keeping one's mind of realization of self (d) happy family life?

(iii) How can one have a clear and peaceful mind in this life of stress and anxiety. Choose the correct option? Is it through-

- (a) pure thoughts and meditation
- (b) dutifulness and humility
- (c) spirituality and physical exercises
- (d) mutual trust and cooperation?

(iv) What is the passage about? Choose the correct option .

- (a) the importance of self realization
- (b) the right way of life
- (c) the art of keeping life stress free
- (d) the key to success in life

(v) The correct meaning of 'pre-requisite' is :

- (a) an essential ingredient
- (b) urgent and important
- (c) required as a condition for something to exist
- (d) most superfluous thing.

## SECTION B

### 3. Read the profile and write a short biosketch for Prof. Amartya Kumar Sen



- Prof. Amartya Kumar Sen - greatest intellectual and economists of modern India.
- known work famine, Human development theory, welfare economics, and the underlying causes of poverty and hunger.
- The Bank of Sweden Prize in Economic Sciences

Noble prize for economics for his work in mathematical economics in 1998  
the Bharat Ratna in 1999.

- Born 3rd November 1933 at Shantiniketan, West Bengal.  
Trinity College, Cambridge, - BA in 1956 , Ph.D. in 1959.

Economics at Calcutta, Delhi School Of Economics (1963-71), Oxford,  
Harvard and \_\_\_\_\_ was Master of Trinity College , Cambridge, between 1997 and  
2004.

- presently teaching in Harvard

4. You happen to meet an alien, on your way back home from tuition but cannot tell to anybody. Write a diary entry narrating your 'encounter' with an alien .

### SECTION C

#### 5. EXPAND THE FOLLOWING HEADLINES

1. Kalka Express to be Flagged off

The newly introduced Kalka Express \_\_\_\_\_ from the Howrah  
Station at 8 p.m. tomorrow.

2. Hospital for Cancer Patients Inaugurated

The much needed hospital for cancer patients \_\_\_\_\_ by the chief minister of  
Karnataka yesterday.

3. FAKE DOCUMENTS RACKET BUSTED

A racket in printing and selling of fake documents \_\_\_\_\_ by police and two  
persons are arrested in this connection.

4. 80 RENDERED HOMELESS IN VILLAGE FIRE.

Mumbai 24 June . Property worth Rs 20 crore \_\_\_\_\_ to ashes and eighty people  
\_\_\_\_\_ in a devastating fire which broke out in a slum area last evening .

**6. There is a word missing in each of the lines against which there is a blank.  
Indicate the place where the word is missing using a / and write the word in the  
space provided:**

She set out her house a) \_\_\_\_\_

in Karol Bagh the bus stop b) \_\_\_\_\_  
 to go to school. She was  
 waiting the bus stop, looking c) \_\_\_\_\_  
 in the direction the bus, d) \_\_\_\_\_  
 when a bull came charging her e) \_\_\_\_\_  
 from the other side. Screaming  
 for help, she rushed the tea-shop. f) \_\_\_\_\_  
 Only when the owner of the bull  
 came and took charge of it did  
 she come out the tea shop. She g) \_\_\_\_\_  
 remained terrified by the event  
 all the way school. h) \_\_\_\_\_

**7. The writer of the following report could not make up his mind about the forms of the verbs to be used. Complete the report:**

The International Athletic Meet \_\_\_\_\_ (held) in our country in four years' time. As a large number of people \_\_\_\_\_ (visit) the country, the government \_\_\_\_\_ (build) new hotels, a stadium and some fine new tracks. The games \_\_\_\_\_ (held) just outside the capital. Workers \_\_\_\_\_ (completes) the new roads by the end of the year. They \_\_\_\_\_ (finished) work on the new stadium. The Meet \_\_\_\_\_ (expected) to draw world-wide attention. Also it \_\_\_\_\_ (hope) that it will earn the country valuable foreign exchange.

**8. Underline each error and write the correction in the space provided:**

A Greek sculptor, when he is asked why a) \_\_\_\_\_  
 he carves the backs of his statues, which b) \_\_\_\_\_

no man will ever see said : The gods c) \_\_\_\_\_

will see them

So it is not enough of us to live outwardly d) \_\_\_\_\_

good life, While with secret we allow evil in e) \_\_\_\_\_

our hearts, for God know even if men f) \_\_\_\_\_

do not. We should never do with secret g) \_\_\_\_\_

what we should be ashamed of doing h) \_\_\_\_\_

in a presence of our most valued friends. i) \_\_\_\_\_

### **SECTION D**

**Q9. Read the Extract carefully and answer the questions that follow**

**(A)**     *I am beautiful pearls, plucked from the  
Crown of Ishtar by the daughter of Dawn  
To embellish the gardens*

1. poetic device in first line
  - a. simile
  - b. metaphor
  - c. personification and metaphor
  - d personification
2. Who is Ishtar ?
  - a. early morning
  - b. beautiful pearls
  - c. Goddess of fertility
  - d. flowers of gardens
3. How are gardens embellished?

- a. by flowers in it
  - b. by silver rain drops
  - c. by daughter of dawn
  - d. by gods
4. 'daughter of Dawn' poetic device here is
- a. simile
  - b. metaphor
  - c. personification and simile
  - d personification

**(B)** "Bill," said Mr. Fisher, "you and me had better be getting back to the White Hart." Bill rose and followed him without a word. Harold broke the silence which followed their departure

1. Why were Bill and Fisher going to White Hart?
2. Why was there silence?
3. What was Harold's reaction?

**10. Answer the following questions in 30 – 40 words**

1. Why rain is called 'the sigh' of sea?
2. How does rain brings joy?
3. Do you think Mr. Fisher was right in revealing a secret of father to a son?
4. . How does Harold surprise everyone?

**11. Answer any one of the following in 120 words**

"...defying the laws of heredity, had run to intellect as his father had run to muscle. .  
How are both Bill and Harold are poles apart yet similar?

OR

Do you think it was right on Brambles part to keep a secret from Harold? Why? Why not?