

**REVISION ASSIGNMENT-CLASS 8**  
**REACHING THE AGE OF ADOLESCENCE**

**VERY SHORT ANSWER TYPE QUESTIONS:-**

**1. Define the following terms:-**

(a) Infancy (b) Childhood (c) Adolescence (d) Adulthood (e) Puberty

**2. Give the suitable term for the following:-**

- (a) Protruding voice box in human males
- (b) Glands without ducts
- (c) Endocrine gland attached to brain
- (d) Secretion of endocrine glands
- (e) Pancreatic hormone
- (f) Male hormone
- (g) Female hormone
- (h) Secretes Thyroxine
- (i) Another term for Teenage
- (j) Term for changes at Adolescence
- (k) Voice box

**3. What are Secondary sexual characters?**

**4. What are hormones?**

**5. Define Metamorphosis.**

**SHORT ANSWER TYPE QUESTIONS:-**

**1. List the various changes that take place in the body at Puberty.**

**2. Explain how the following conditions occur & which gland is responsible for them:-**

(a) Dwarfism (b) Gigantism (c) Diabetes (d) Goitre

**3. Give reasons for the following:-**

- (a) Pituitary is called the master endocrine gland
- (b) We must consume iodised salt
- (c) Diabetics are given insulin injections
- (d) Adrenalin is also called the “stress hormone”
- (e) Personal hygiene & regular physical exercise are essential for our well being

**4. What are sex hormones? Why are they named so? State their functions.**

**5. What is Metamorphosis & how is it controlled?**

**6. What are the major events that occur during Menstruation?**

**7. Chips & tinned/packed snacks, though tasty should never replace regular meals. Why?**

**8. Justify the statement-“Say NO to drugs, tobacco & alcohol”.**

**9. What are some ways in which HIV is transmitted from an infected person to a normal one?**

**10. How is menarche different from menopause?**

**LONG ANSWER TYPE QUESTIONS:-**

**1. What are Chromosomes? What is their significance in our body?**

**2. How is the gender/sex of a baby determined in humans?**

**3. List down the major pubertal changes in human males (any 5).**

**4. List down the major pubertal changes in human females (any 5).**

**5. Tabulate the various Endocrine glands, their hormones & their functions.**