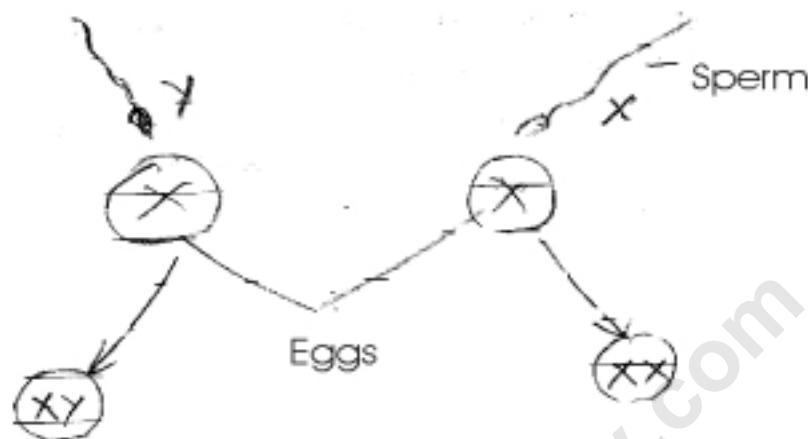


L-10

Reaching the age of Adolescence

1. After studying the following diagram, determine the sex of the child



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2. Complete following table :

Hormone	Gland secreting the hormone
Thyroxine
.....	Pancreas
Growth Hormone
.....	Testis
Estrogen

3. Fill in the blanks -

- Reaching the age of adolescence, the protruding part of the throat in boys is called _____.
- Hormone secreted by testis is _____.
- Stoppage of menstruation is called _____.
- Pituitary gland secretes a hormone _____ responsible for the growth.

4. Write any three secondary sexual characters in boys and girls on reaching the age of adolescence.

Boys

Girls

- | | | |
|------|-------|-------|
| i) | | |
| ii) | | |
| iii) | | |

5. During the period of adolescence, children should eat which type of food and which not.

Should eat

Should be avoided

- | | | | |
|------|-------|----|-------|
| i) | | 1) | |
| ii) | | 2) | |
| iii) | | 3) | |
| iv) | | 4) | |

Fruits, Burger, Milk, Pizza, Chocolates, Pulses, Chips, Vegetables.

6. Write a slogan on junk - food

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