

Ques.) You are a student of class VIII, DPS, NOIDA. Your name is Rahul. Your teacher has asked you to write an article in about 120 words on the topic '**work your way to health**'.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. A faint watermark reading "esloday.com" is visible diagonally across the center of the page.