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THE INDIAN HEIGHTS SCHOOL Worksheet		
	CLA	ASS VII
		ration in Organisms
NAME-		DATE- 9.913
Answer the following questions		
Q.1 Why do we get relief from cramps after a hot bath?		
·		
Q.2 What is	a diaphragm ?	
	1 0	
0.0 Marking		
-	e choice questio	
a. Cockroa	ach respires thro	ough
(i) lungs	(ii) spiracles	(iii) tracheae (iv) skin
b. Breathir	ng is a part of the	process
(i) Respiration		(ii) Digestion
(iii) Exhalation		(iv) Inhalation

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Q.4 Why does an athlete breathe faster and deeper than usual after finishing the race.		
Q.5 What are gills ?		
Q.6 Why do we respire? Explain		

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