

CLASS VII
ENGLISH

1. Read the following information and write an article on it.(200 words)

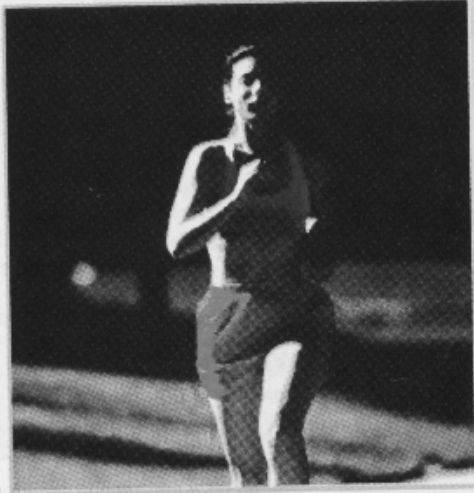
The topic is related to health- "**how walking is beneficial**"

Collect informations from news paper,healthmagazines,articles etc

(GET **WALKING!**)

Walking - Life's rhythm

We are surrounded by modern inventions designed to keep us from walking - elevators, escalators, cars, buses, and remote controls that help us switch off the television or music system without making the effort to move. Our environment makes it easy for us to avoid walking. In fact walking is very good for you. It is an everyday activity that you can transform into regular exercise to help develop and maintain fitness.



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2. Write Ten Things About Your City

Write ten things about your city (plus one thing you would like to change). Write in complete sentence.

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....
- 6.....
- 7.....
- 8.....
- 9.....
- 10.....

One thing you would like to change

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3.

Snakes and Ladders

Present Simple and Present Continuous

like to win games 100	watch TV every day 99		listen to Jazz now ? 98	eat pizza now 97	like bananas very much 96		sleep late never 95	cook dinner at the moment 94	relax at the moment ? 93
	Eat noodles often 81	dance at the moment 82	practice English every day 83	like to wear sandals ? 84	play golf every Sunday 85		eat rice every day 86	be late never 87	watch TV seldom 88
eat spicy never 80	go to the market ? 79	drink coffee never 78	drink alcohol never 77	draw a picture at the moment 76	dream every night ? 75	work every Saturday 74		eat slowly usually 73	like Thai food ? 72
study hard always 61	go now 62	drink coffee now 63	hide behind a tree now 64	come late usually 65	practice English now ? 66	browse the web at the moment 67		love to play football 68	
listen to the teacher now 60	work right now 59	watch football every weekend 58	like pizza ? 57	go to bed early usually 56	drive to work usually 55	speak English 54	lose at poker seldom 53	send emails to friends often 52	learn English every day 51
like to cook 41	like bananas ? 42	go to the cinema often 43	sell cars 44		speak English ? 45	drink water every day 46	write email often 47	love to play games 48	win the lottery never 49
		read a book at the moment 39	be late often ? 38	watch TV right now 37	cook rice every day 36		eat dinner now 35	play football right now 34	live in a house 33
wear black shoes 21	cook dinner at home usually 22	eat breakfast every day 23	stay at a hotel now ? 24	work now ? 25	listen to the radio often 26	run in the park usually 27	sit on the sofa currently 28	write an email at the moment 29	teach Math 30
run in the park usually 20	drink coffee often ? 19	eat pizza every day 18	get a haircut at the moment 17	study English now ? 16	eat pizza never 15		wear new shirt 14	play at home now 13	
START 1	play a game now 2	sleep 8 hours each night 3	go dancing on Fridays 4	listen to music at the moment 5	work every weekend ? 6	learn English now 7	like to dance 8	go to bed late seldom 9	be late never 10

1. Roll the dice and move your marker the number of fields you have rolled.
2. Make sentences using the proper verb tense (present simple/ present continuous) with the words the words in the field.
3. Write 10 sentences. Use 2 dices to play the game.