

LESSON – 3

TEETH TALK

I DEFINE – KEY TERMS (PAGE 32)

II ANSWER THE FOLLOWING QUESTIONS

1. What are the functions of teeth?

Ans. Teeth plays an important role in –

- a. Helping us to eat.
- b. Talking.
- c. Making our face look good.

2. What is tooth decay?

Ans. When bacteria reach inside the pulp of the tooth, the nerves are exposed to hot and cold things, which causes pain in the teeth. This is known as tooth decay.

3. Mention some ways in which we can protect teeth from decay?

Ans. a. Brush teeth twice daily.

b. Visit the dentist every six months.

c. Avoid eating too many sweets.

d. Rinse the mouth well after every meal.

4. List the different types of teeth found in adults and mention their functions.

Ans.

- a. Incisors – these are used for cutting and chopping food.
- b. Canines – these help to tear food.
- c. Premolars and molars – These are used for crushing and grinding the food.

5. How many sets of teeth do humans have during their lifetime? Name them.

Ans. Humans have two sets of teeth in their lives. They are –

- a. Temporary teeth or milk teeth
- b. Permanent teeth

6. What will happen to your teeth if you do not brush them regularly?

Ans. If we do not brush our teeth regularly, we can develop plaque which leads to tooth decay.