



CHENNAI PUBLIC SCHOOL

◆ Anna Nagar ◆ Chennai -600 101

WEEKEND WORKSHEET -II

SCIENCE

1. Name the different types of nutrients present in the food.
2. Who needs more protein - a child or an adult? Give reason.
3. Milk is called a complete food. Reason out.
4. Name some natural and artificial preservatives we add to the food.

S.no.	Natural preservatives	Artificial preservatives
1.		
2.		
3.		