

Worksheet of Value Education

Name: _____

Class/Sec: 2nd: _____

Q1: Write true or false

1. We should always wash our hands before and after meals. ()
2. We should eat junk foods. ()
3. We must take balanced food. ()
4. Chew with your mouth closed. ()
5. We should not say thank you when serve something. ()
6. Always use a napkin to clean your mouth. ()



Health Requires Healthy food

Q2: Draw a line from the health tools on the left that you will use for each of the body parts.



Q3: Circle the food that are healthy and put cross on the foods that are not Healthy.

