

## Worksheet of Value Education

Name: \_\_\_\_\_

Class/Sec: 2<sup>nd</sup>: \_\_\_\_\_

Q1: Write true or false

1. We should always wash our hands before and after meals. (     )
2. We should eat junk foods. (     )
3. We must take balanced food. (     )
4. Chew with your mouth closed. (     )
5. We should not say thank you when server something. (     )
6. Always use a napkin to clean your mouth. (     )



**Health Requires Healthy food**

Q2: Draw a line from the health tools on the left that you will use for each of the body parts.



Q3: Circle the food that are healthy and put cross on the foods that are not Healthy.

