

SHORT ANSWER TYPE QUESTIONS

1. The special relationship between the client and the therapist is known as
2. behavior can be reduced and behavior can be increased simultaneously through
3. Name two methods used for eliciting intra psychic conflicts.
4. Observational learning is also known by the name of
5. is present when client has the feeling of hostility and anger towards the therapist.
6. therapy refers to the association of undesired responses with an aversive consequence.
7. The outcome of working through is known as
8. is a process wherein the client learns to behave in a certain way by observing the therapist.
9. is a technique introduced by Wolpe for treating Phobias or irrational fears.
10. Human beings are motivated by the desire for personal growth and
11. The drugs used for Schizophrenia and are called drugs.
12. Victor Franke, a psychiatrist and neurologist propounded the
13. therapy was given by Carl Rogers.

LONG ANSWER QUESTIONS

1. 'Shelja is a 17 yr old girl who believes that Human misery is caused by the external events over which one does not have any control and feels that she is an ugly girl who is not wanted and loved by anyone.'
Which therapy do you think would help her the most in such conditions and why?
2. What are the goals that a therapist aims at achieving while dealing with the client?
3. Draw a table showing the aim, goal, diagnosis and types of treatment that is used in various therapies.
4. Explain the process of a therapeutic relationship
5. Differentiate between Confrontation and Clarification.
6. What are the various parameters on which various psychotherapies are based.
7. 'Dreams are the roads to the unconscious intra psychic conflicts.' Elaborate.
8. Explain the advantages in formulation of client's problem?
9. What importance does Yoga hold in an individual's life?
10. 'Healing plays a major contribution in the treatment of psychological distress. Explain the four important factors with the help of examples.
11. What is ECT therapy? How is it given to the patients?
12. 'Anxiety is a manifestation of the psychological distress for which clients seek treatment.' What are the various ways of dealing with it?
13. What importance does Carl Rogers hold in Psychotherapy?
What role does Rehabilitation play in a mentally ill patient and his family's life?