

CLASS XII PSYCHOLOGY
CHAPTER – 5 PSYCHOTHERAPEUTICS

1. What is unconditional positive regard?
2. What are the various goals of Psychotherapy?
3. Explain Psychodynamic therapy of treatment?
4. Explain Rational emotive therapy of Albert Ellis?
5. Explain Gestalt therapy?
6. What is biomedical therapy?
7. What are the various principles involved in Behaviour therapy?
8. Explain Humanistic therapy of treatment?
9. What is Logo therapy explains?
10. What is client centered therapy?
11. What are the views of Positive psychology on Human beings?
12. What is systematic desensitization and how it will be helpful in treatment of Phobias?
13. What are the various ethics in psychotherapy?
14. What are the various alternative therapies of treatment?
15. What is aversive conditioning explain?
16. What are the factors responsible for healing in Psychotherapy?
17. How will you treat phobias with the help of behavior therapy principles?
18. Explain the Humanistic views to treat the Psychological disorders?