

**Short answer type questions :-**

1. \_\_\_\_\_ is defined as the proficiency, facility developed through \_\_\_\_\_ and experience.
2. The basic skills required to become an effective psychologist fall into three broad sections:- \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_
3. State any 4 points that should be taken into consideration for observation.
4. Name the relevant specific skills and competencies used by an effective psychologist.
5. Differentiate between interpersonal and intrapersonal communication.
6. The various characteristics of communication are :- (a) \_\_\_\_\_ (b) \_\_\_\_\_ (c) \_\_\_\_\_ (d) \_\_\_\_\_
7. \_\_\_\_\_ communication is characterized by a speaker sending a message to the audience.
8. Communication is process in which feelings and ideas are expression as \_\_\_\_\_ and \_\_\_\_\_ messages that are \_\_\_\_\_ received and \_\_\_\_\_.
9. How is hearing different from listening? Give example.
10. \_\_\_\_\_ attention makes it difficult for you to receive signals and messages.
11. \_\_\_\_\_ is the summary of ideas just received and provides with a restaurant of what is understood by the psychologist.
12. We develop \_\_\_\_\_ for interpreting the messages we receive.
13. \_\_\_\_\_ is composed of all those messages that people exchange besides words.
14. The consistency between current and past patterns of behaviour is called \_\_\_\_\_.
15. While using psychological test an attitude of \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ should be kept in mind.
16. An \_\_\_\_\_ is a purposeful conversation between two or more people that follows a basic question answer format.
17. What is the basic format of an interview?
18. “I work so hard but I am unable its get success” is a \_\_\_\_\_ question !
19. Counselling is \_\_\_\_\_. It takes place when a \_\_\_\_\_ approaches \_\_\_\_\_.
20. Name the four qualities associated with effective counselors.

**LONG ANSWER TYPE QUESTIONS:-**

- Q1. What are the intellectual and personal skills required by the therapist to deal with the client.
- Q2. Differentiate between Naturalistic and Participant observation giving their advantages & disadvantages.
- Q3. “Communication has been characterized in various ways”. Explain the characteristics that define concept. Give examples.
- Q4. “In the process of communication listening, paraphrasing and body language holds their own importance”. Explain the link each one has with communication. Give examples.
- Q5. Draw the diagram showing the process of the basic communication.
- Q6. “Sharad is a 27 years old boy, who is very socializing and speaks to many people. But most of the time he is not able to remember many, important discussions after the interaction is over.” What tips would you give him to improve his communication skills?
- Q7. “Psychological Assessment is a basic competency required by psychologist for integrated knowledge, evaluation & diagnosis.
  - (a) What are the skills needed of psychological assessment?
  - (b) What are the facts required to administer psychologist?
- Q8. “Ishika has given several interviews for her job but has not been selected for any of the interview”. What are the tips that you would give her so that she improves her skills?
- Q9. Explain the various types of questions that can be asked during the interview. Give example for each one of them.
- Q10 “A panel of judges is supposed to interview around 20 candidates for the post of Sales Manager is Nestle”. What procedure / format due you think they will follow to deal with the candidates?
- Q11. What are the ethical issues according to A.P.A. (American Psychological Association) that a psychologist must know while practicing counseling?
- Q12. Explain the characteristics of an effective helper? Give examples for each of them.
- Q13. What is Counselling? Explain its nature?
- Q14. How has counseling transformed over the period of time? How can one break the myths that still exist?