

SHRI RAM SHIKSHA MANDIR SR SEC SCHOOL

Class: XI (Humanities)

Each student has to make a project file and do the holiday homework in the same.
(project file carries 5 marks in exam.)

Project file can be a spiral folder with plain colored sheets.

Creativity and dedication are important aspects.

1. Choose an interesting person (eminent Psychologist). Write a paper about him considering following element:

- a) Biography
- b) Professional History
- c) Theories/ Influence on psychology

2. Use the internet and obtain names of some books (fiction/non-fiction) or films (English/Hindi), which have reference to application of psychology.

Prepare a list in the homework notebook so that same can be included in the school library.

3. Make figure 1.1 (ncert) on psychology and other disciplines. Research on each discipline and write a short note on each.

4 What is behavior – Give good examples of overt and covert behavior observed by you during the vacations?

5. Survey and meet different five people around you (non relatives) Talk to them and try to note down their respective problems.

6) Introspect your areas of improvement and take a resolution in summer break to improve on it. For example: **I have observed that at times my anger is uncontrollable and affect relationships. I would like to practice anger management during the vacations.**