

WORKSHEET-1
SUB- ENGLISH CLASS-X
READING

Q1. Read the following passage carefully:

(12 Marks)

Here's why effective communication is important. In a large organization, when a CEO addresses a live webcast — a must in today's day and age — even a single question from an employee, no matter how unimportant it might be, will resonate across centres. It then becomes absolutely necessary for the leader to respond in a precise and unambiguous manner and use the platform to deliver his message across to the people. When the spotlight is on the leader, onlookers will hold on to every word he or she utters. Rhetoric can make many a hero. Usage of words chosen to deliver a message is equally important. "Communication is not about company information. It's more like, if you want to drink water, do I presume you want to drink Coke," an HR head once remarked. If strategy is important, what's even more critical is communication of the strategy. One can either be vague and leave it to the imagination of others or be precise without any obscurity. Either way, depending on what the situation demands, it's a leader's call and he or she can be sure, people are going to judge. The importance of effective communication is not restricted to the leadership level alone. Companies are looking at innovative and effective ways to communicate with employees and also enable employee-to-employee communication, what one can term as E-2-E. So there are Facebook like tools that are being created to encourage active discussion among employees, irrespective of where they are based. It also ensures any gap in communication is bridged and there are no excuses at that. An engineering company I know uses SMS as a means to communicate with employees.

They started this practice even when others were just about warming up to sending mailers to meet their communication needs. Others may take a cue from this and start using platforms like WhatsApp, who knows. The fact is companies are using technology in a big way because they understand that the biggest challenge today is communicating with the Gen-Yers and Gen-Xers. The logic is simple: if the new generation is used to modes like ATM and online shopping, how can archaic communication methods work? Effective communication can work at multiple levels in an organization like training, learning and development, education opportunities, among others. Moreover, in a chaotic world, the only thing that will work is sane communication. If communication fails, organizations rather risk of falling into a trap where ideas emerge from all corners but don't get executed. So when it comes to people matters, silence is not always golden.

1.1 On the basis of your reading of the passage, answer the following questions briefly: (2x4=8 Marks)

- Why is effective communication absolutely necessary for the leader?
- In what way should companies productively communicate to benefit the employees?
- Why don't 'archaic communication' methods work today?
- What happens if communication fails in an organization?

1.2 Choose the most appropriate meaning of the given word from the options provided:
(1x4=4Marks)

a. The word 'chaotic' means

i) peaceful ii) puzzled iii) disordered iv) composed

b. The word 'innovative' means

i) original & new ii) invention iii) adventurous iv) energetic

c. The word 'unambiguous' means

i) not certain ii) clear iii) doubtful iv) incorrect

d. The word 'strategy' means

i) technology ii) a plan of action iii) process iv) result

2. Read the following passage carefully and answer the questions that follow in brief. (8 Marks)

You are at a party and want to watch your weight and health. However, when the appetizers are served you notice nothing looks healthy. The next thing you know, you go ahead and eat those decorative little morsels and blow your eating plan. Stop !

Those little delicious nuts in the bowl are chock-full of nutrition. They will improve your cardiovascular health, hold cancer prevention properties and help you lose weight. It's hard to believe but it's true!

The idea that something from nuts may actually help weight control seems a little counter-intuitive at first; bearing in mind, the reputation nuts have for being both fatty and fattening. Nuts are nutrient-packed, healthy 'primal' food, and something that experience shows satisfy the appetite and prevent overeating at meal time. High in proteins, unsaturated fats may aid in weight loss and other disease fighting properties!

What do nuts have that keeps heart healthy? Nuts are an intensely fatty food, with about 80 percent of the calories they offer coming from fat. However, fear in mind that the type of oils found in nuts such as almonds, cashews, walnuts are predominately the healthy mono unsaturated and poly unsaturated types.

Researchers found that people who eat nuts regularly have lower risk of heart disease. In 1998, a study conducted by the Harvard School of Public Health found that women who ate nuts less than four times a week were 40 percent less likely to die of heart disease. Further, potential heart health benefits of nuts were also found among men. The Physician's Health Study found that men who consumed nuts two or more times per week had reduced risk of sudden cardiac arrest.

Now answer the following questions in not more than one line each: (1x8=8Marks)

(a) What do nuts possess?

- (b) How does consumption of nuts help us?
- (c) What type of fats is found in nuts?
- (d) What happens to the people who consume nuts regularly?
- (e) What is meant by sudden cardiac arrest?
- (f) What is the percentage of calories in nuts that come from fats?
- (g) How is nuts consumption helpful to men?
- (h) Give one word from the passage which means the same as: - "in a superior manner"

ANSWER KEY

1 a for the leader to respond in a precise and unambiguous manner

b. looking at innovative and effective ways

c. the new generation is used to modes like ATM and onlineshopping

d. organizations run the risk of falling into a trap where ideas emerge from all corners but don't get executed

2. a iii disordered

B I original and new

c. iii doubtful

d. ii a plan of action

2.a) Nuts are nutrient-packed, healthy 'primal' food.

b) Helps to improve our cardiovascular health, hold cancer prevention properties and help us lose weight

c) Healthy mono unsaturated and poly unsaturated types.

d) Men who consumed nuts two or more times per week had reduced risk of sudden cardiac arrest.

e) Means heart attack

f) 80 percent

g) nuts regularly have lower risk of heart disease, aid in weight loss and has disease fighting properties!

h) decorative